



Mortgage Rates Decline for Second Consecutive Week

August 20, 2026

MCLEAN, Va., Aug. 20, 2026 (GLOBE NEWSWIRE) -- [Freddie Mac](#) (OTCQB: FMCC) today released the results of its [Primary Mortgage Market Survey®](#) (PMMS®), showing the 30-year fixed-rate mortgage (FRM) averaged 6.65%.

"The 30-year fixed-rate mortgage declined this week averaging 6.65%," said Sam Khater, Freddie Mac's Chief Economist. "With a dip in rates providing modest relief for homebuyers, it's important to remember borrowers can potentially save thousands by shopping around for the best mortgage rate."

News Facts

- The [30-year FRM](#) averaged 6.65% as of August 20, 2026, down from last week when it averaged 6.67%. A year ago at this time, the 30-year FRM averaged 6.58%.
- The [15-year FRM](#) averaged 5.95%, down from last week when it averaged 5.96%. A year ago at this time, the 15-year FRM averaged 5.69%.

The PMMS® is focused on conventional, conforming, fully amortizing home purchase loans for borrowers who put 20% down and have excellent credit. For more information, view our [Frequently Asked Questions](#).

Freddie Mac's mission is to make home possible for families across the nation. We promote liquidity, stability and affordability in the housing market throughout all economic cycles. Since 1970, we have helped tens of millions of families buy, rent or keep their home. Learn More: [Website](#) | [Consumers](#) | [X](#) | [LinkedIn](#) | [Facebook](#) | [Instagram](#) | [YouTube](#)

MEDIA CONTACT:

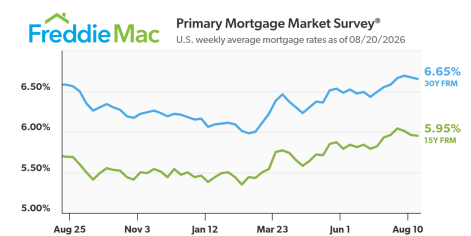
Mollie Laniado

(571) 382-1784

Mollie_Laniado@FreddieMac.com

A photo accompanying this announcement is available at <https://www.globenewswire.com/NewsRoom/AttachmentNg/08d3df9b-874a-4994-9638-33bac0089a08>

Primary Mortgage Market Survey®



U.S. weekly average mortgage rates as of 08/20/2026