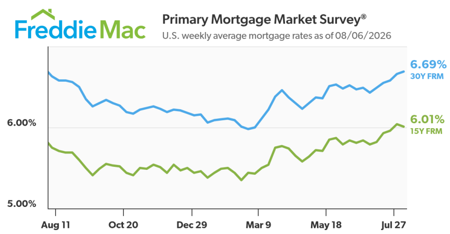
Mortgage Rates Average 6.69%

August 6, 2026

MCLEAN, Va., Aug. 06, 2026 (GLOBE NEWSWIRE) -- Freddie Mac (OTCQB: FMCC) today released the results of its Primary Mortgage Market Survey® (PMMS®), showing the 30-year fixed-rate mortgage (FRM) averaged 6.69%.

Primary Mortgage Market Survey®



U.S. weekly average mortgage rates as of 08/06/2026

"The 30-year fixed-rate mortgage averaged 6.69% this week," said Sam Khater, Freddie Mac's Chief Economist. "While mortgage rates continue to influence affordability, the housing market is showing signs of adjustment, with listing prices modestly below year-ago levels and for-sale inventory improving from the limited supply seen in recent years."

News Facts

- The 30-year FRM averaged 6.69% as of August 6, 2026, up from last week when it averaged 6.66%. A year ago at this time, the 30-year FRM averaged 6.63%.
- The 15-year FRM averaged 6.01%, down from last week when it averaged 6.04%. A year ago at this time, the 15-year FRM averaged 5.75%.

The PMMS® is focused on conventional, conforming, fully amortizing home purchase loans for borrowers who put 20% down and have excellent credit. For more information, view our Frequently Asked Questions.

Freddie Mac's mission is to make home possible for families across the nation. We promote liquidity, stability and affordability in the housing market throughout all economic cycles. Since 1970, we have helped tens of millions of families buy, rent or keep their home. Learn More: Website | Consumers | X | LinkedIn | Facebook | Instagram | YouTube

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A photo accompanying this announcement is available at https://www.globenewswire.com/NewsRoom/AttachmentNg/32020d5e-b9e4-4d84-8353-ebf6d0219da4