



Mortgage Rates Hover in Mid-Six Percent Range

July 9, 2026

MCLEAN, Va., July 09, 2026 (GLOBE NEWSWIRE) -- [Freddie Mac](#) (OTCQB: FMCC) today released the results of its [Primary Mortgage Market Survey®](#) (PMMS®), showing the 30-year fixed-rate mortgage (FRM) averaged 6.49%.

"The 30-year fixed-rate mortgage averaged 6.49% this week," said Sam Khater, Freddie Mac's Chief Economist. "Mortgage rates have not changed much recently, but economic growth and housing affordability continue to improve for homebuyers as they shop for homes in today's market."

News Facts

- The [30-year FRM](#) averaged 6.49% as of July 9, 2026, up from last week when it averaged 6.43%. A year ago at this time, the 30-year FRM averaged 6.72%.
- The [15-year FRM](#) averaged 5.82%, up from last week when it averaged 5.79%. A year ago at this time, the 15-year FRM averaged 5.86%.

The PMMS® is focused on conventional, conforming, fully amortizing home purchase loans for borrowers who put 20% down and have excellent credit. For more information, view our [Frequently Asked Questions](#).

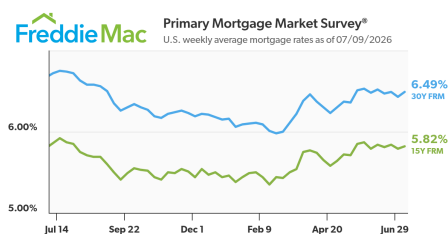
Freddie Mac's mission is to make home possible for families across the nation. We promote liquidity, stability and affordability in the housing market throughout all economic cycles. Since 1970, we have helped tens of millions of families buy, rent or keep their home. Learn More: [Website](#) | [Consumers](#) | [X](#) | [LinkedIn](#) | [Facebook](#) | [Instagram](#) | [YouTube](#)

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A photo accompanying this announcement is available at <https://www.globenewswire.com/NewsRoom/AttachmentNg/6b3d718a-5b4d-4237-b2a7-8e2dd4a98699>

Primary Mortgage Market Survey®



U.S. weekly average mortgage rates as of 07/09/2026