



Mortgage Rates Inch Down

May 14, 2026

MCLEAN, Va., May 14, 2026 (GLOBE NEWSWIRE) -- [Freddie Mac](#) (OTCQB: FMCC) today released the results of its [Primary Mortgage Market Survey®](#) (PMMS®), showing the 30-year fixed-rate mortgage (FRM) averaged 6.36%.

"Mortgage rates ticked down this week, averaging 6.36%," said Sam Khater, Freddie Mac's Chief Economist. "While purchase demand is softening, it remains above this time last year. Recent data also shows existing-home sales modestly edging up."

News Facts

- The [30-year FRM](#) averaged 6.36% as of May 14, 2026, slightly down from last week when it averaged 6.37%. A year ago at this time, the 30-year FRM averaged 6.81%.
- The [15-year FRM](#) averaged 5.71%, slightly down from last week when it averaged 5.72%. A year ago at this time, the 15-year FRM averaged 5.92%.

The PMMS® is focused on conventional, conforming, fully amortizing home purchase loans for borrowers who put 20% down and have excellent credit. For more information, view our [Frequently Asked Questions](#).

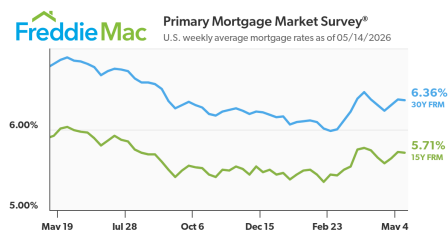
Freddie Mac's mission is to make home possible for families across the nation. We promote liquidity, stability and affordability in the housing market throughout all economic cycles. Since 1970, we have helped tens of millions of families buy, rent or keep their home. Learn More: [Website](#) | [Consumers](#) | [X](#) | [LinkedIn](#) | [Facebook](#) | [Instagram](#) | [YouTube](#)

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A photo accompanying this announcement is available at <https://www.globenewswire.com/NewsRoom/AttachmentNg/4b87a8c8-e7f8-4ef9-a9d2-0a1fa9730b8b>

Primary Mortgage Market Survey®



U.S. weekly average mortgage rates as of 05/14/2026