



## Mortgage Rates Hold Steady

March 5, 2026

MCLEAN, Va., March 05, 2026 (GLOBE NEWSWIRE) -- [Freddie Mac](#) (OTCQB: FMCC) today released the results of its [Primary Mortgage Market Survey®](#) (PMMS®), showing the 30-year fixed-rate mortgage (FRM) averaged 6.00%.

"Mortgage rates held steady at 6% this week, hovering near their lowest level since 2022," said Sam Khater, Freddie Mac's Chief Economist. "In fact, rates are down nearly a full percentage point from this time in 2024, spurring activity from buyers, sellers and owners. As a result, refinance activity is up, and purchase applications are ahead of last year's pace."

### News Facts

- The [30-year FRM](#) averaged 6.00% as of March 5, 2026, slightly up from last week when it averaged 5.98%. A year ago at this time, the 30-year FRM averaged 6.63%.
- The [15-year FRM](#) averaged 5.43%, slightly down from last week when it averaged 5.44%. A year ago at this time, the 15-year FRM averaged 5.79%.

The PMMS® is focused on conventional, conforming, fully amortizing home purchase loans for borrowers who put 20% down and have excellent credit. For more information, view our [Frequently Asked Questions](#).

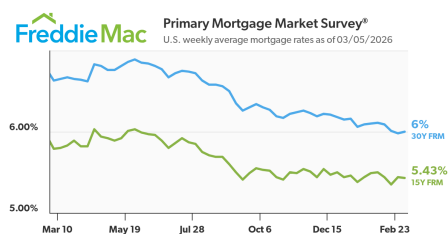
Freddie Mac's mission is to make home possible for families across the nation. We promote liquidity, stability and affordability in the housing market throughout all economic cycles. Since 1970, we have helped tens of millions of families buy, rent or keep their home. Learn More: [Website](#) | [Consumers](#) | [X](#) | [LinkedIn](#) | [Facebook](#) | [Instagram](#) | [YouTube](#)

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A photo accompanying this announcement is available at <https://www.globenewswire.com/NewsRoom/AttachmentNg/0918e25d-85c3-473d-b077-0912731286e3>

### Primary Mortgage Market Survey®



U.S. weekly average mortgage rates as of 03/05/2026