



## Mortgage Rates Continue to Decrease

March 14, 2024

MCLEAN, Va., March 14, 2024 (GLOBE NEWSWIRE) -- [Freddie Mac](#) (OTCQB: FMCC) today released the results of its [Primary Mortgage Market Survey®](#) (PMMS®), showing the 30-year fixed-rate mortgage (FRM) averaged 6.74 percent.

"The 30-year fixed-rate mortgage decreased again this week, with declines totaling almost a quarter of a percent in two weeks' time," said Sam Khater, Freddie Mac's Chief Economist. "Despite the recent dip, mortgage rates remain high as the market contends with the pressure of sticky inflation. In this environment, there is a good possibility that rates will stay higher for a longer period of time."

### News Facts

- The [30-year FRM](#) averaged 6.74 percent as of March 14, 2024, down from last week when it averaged 6.88 percent. A year ago at this time, the 30-year FRM averaged 6.60 percent.
- The [15-year FRM](#) averaged 6.16 percent, down from last week when it averaged 6.22 percent. A year ago at this time, the 15-year FRM averaged 5.90 percent.

The PMMS® is focused on conventional, conforming, fully amortizing home purchase loans for borrowers who put 20 percent down and have excellent credit. For more information, view our [Frequently Asked Questions](#).

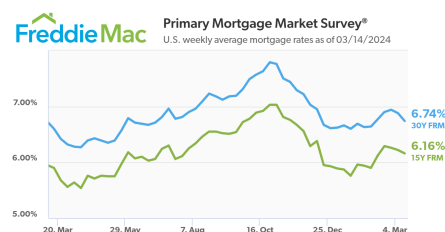
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A photo accompanying this announcement is available at <https://www.globenewswire.com/NewsRoom/AttachmentNg/301c8fbb-c310-4f39-99f9-b2577c56777a>

### Primary Mortgage Market Survey®



U.S. weekly average mortgage rates as of 03/14/2024