



Mortgage Rates Pause from their Ascent

June 30, 2022

MCLEAN, Va., June 30, 2022 (GLOBE NEWSWIRE) -- [Freddie Mac](#) (OTCQB: FMCC) today released the results of its [Primary Mortgage Market Survey](#) (PMMS), showing that the 30-year fixed-rate mortgage (FRM) averaged 5.70 percent.

"The rapid rise in mortgage rates has finally paused, largely due to the countervailing forces of high inflation and the increasing possibility of an economic recession," said Sam Khater, Freddie Mac's Chief Economist. "This pause in rate activity should help the housing market rebalance from the breakneck growth of a seller's market to a more normal pace of home price appreciation."

News Facts

- [30-year fixed-rate mortgage](#) averaged 5.70 percent with an average 0.9 point as of June 30, 2022, down from last week when it averaged 5.81 percent. A year ago at this time, the 30-year FRM averaged 2.98 percent.
- [15-year fixed-rate mortgage](#) averaged 4.83 percent with an average 0.9 point, down from last week when it averaged 4.92 percent. A year ago at this time, the 15-year FRM averaged 2.26 percent.
- [5-year Treasury-indexed hybrid adjustable-rate mortgage](#) (ARM) averaged 4.50 percent with an average 0.3 point, up from last week when it averaged 4.41 percent. A year ago at this time, the 5-year ARM averaged 2.54 percent.

The PMMS is focused on conventional, conforming, fully amortizing home purchase loans for borrowers who put 20 percent down and have excellent credit. Average commitment rates should be reported along with average fees and points to reflect the total upfront cost of obtaining the mortgage. Visit the following link for the [Definitions](#). Borrowers may still pay closing costs which are not included in the survey.

Freddie Mac makes home possible for millions of families and individuals by providing mortgage capital to lenders. Since our creation by Congress in 1970, we've made housing more accessible and affordable for homebuyers and renters in communities nationwide. We are building a better housing finance system for homebuyers, renters, lenders, investors and taxpayers. Learn more at [FreddieMac.com](#), Twitter [@FreddieMac](#) and Freddie Mac's blog [FreddieMac.com/blog](#).

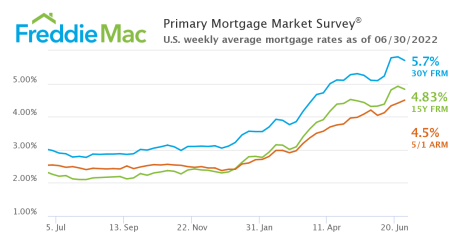
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A chart accompanying this announcement is available at <https://www.globenewswire.com/NewsRoom/AttachmentNg/085c0df8-31ff-4bb2-a7a8-2a7340538dc2>

Primary Mortgage Market Survey®



U.S. weekly average mortgage rates as of June 30, 2022.